

campbells mushroom soup recipe

Campbell's Mushroom Soup Recipe has become a staple in many households across the United States. Known for its creamy texture and rich mushroom flavor, this soup can be served as a comforting dish on its own or used as a base for a variety of recipes. Whether you're looking to recreate the classic taste of Campbell's or simply want to whip up a delicious homemade version, this article will guide you through the process step-by-step. From the ingredients needed to tips for perfecting the dish, we will explore everything you need to know about making Campbell's Mushroom Soup at home.

Understanding Campbell's Mushroom Soup

Before diving into the recipe, it's essential to understand what makes Campbell's Mushroom Soup unique. This iconic soup is characterized by its creamy consistency, the earthy flavor of mushrooms, and a hint of seasoning that elevates the overall taste. It is often used in casseroles, served as a side dish, or consumed as a meal in itself.

Ingredients Overview

To create a homemade version of Campbell's Mushroom Soup, you'll need the following ingredients:

1. **Mushrooms:** Fresh mushrooms are ideal for this recipe. You can use white button mushrooms, cremini, or a mix of both for a deeper flavor.
2. **Onion:** A yellow or white onion adds sweetness and depth to the soup.
3. **Garlic:** Fresh garlic cloves provide a robust flavor.
4. **Butter:** For sautéing the vegetables and adding richness to the soup.
5. **Flour:** All-purpose flour is used to thicken the soup and give it that creamy texture.
6. **Chicken or Vegetable Broth:** This is the base of your soup; choose low-sodium versions if you prefer.
7. **Heavy Cream or Milk:** For added creaminess, you can use heavy cream, half-and-half, or whole milk.
8. **Seasonings:** Salt, pepper, and thyme are commonly used to enhance the flavor.
9. **Optional Ingredients:** You can also add sherry or white wine for an extra layer of flavor.

Step-by-Step Campbell's Mushroom Soup Recipe

Now that you have a clear understanding of the ingredients, let's move on to the step-by-step process of making Campbell's Mushroom Soup.

Preparation

1. **Gather Your Ingredients:** Before you start cooking, ensure you have all your ingredients ready. This will make the cooking process smoother and more

enjoyable.

2. Clean the Mushrooms: Use a damp cloth to wipe the mushrooms clean. Avoid rinsing them under water, as they can absorb moisture and become soggy. Slice the mushrooms into thin pieces.

3. Chop the Onion and Garlic: Finely chop the onion and mince the garlic cloves.

Cooking Instructions

1. Sauté the Vegetables:

- In a large pot, melt 2 tablespoons of butter over medium heat.
- Add the chopped onion and sauté until it becomes translucent, about 5 minutes.
- Stir in the minced garlic and cook for an additional 1-2 minutes until fragrant.

2. Cook the Mushrooms:

- Add the sliced mushrooms to the pot and cook until they are softened and have released their juices, about 7-10 minutes.
- Stir occasionally to prevent sticking and ensure even cooking.

3. Add Flour:

- Sprinkle 1/4 cup of all-purpose flour over the mushroom mixture. Stir to combine, allowing the flour to cook for about 2 minutes. This step helps to eliminate the raw flour taste and starts the thickening process.

4. Pour in the Broth:

- Gradually add 4 cups of chicken or vegetable broth, stirring continuously to prevent lumps from forming. Bring the mixture to a gentle simmer.

5. Add Cream:

- Once the soup has thickened slightly, stir in 1 cup of heavy cream or milk. For a lighter version, you can use low-fat milk or half-and-half. Allow the soup to simmer for an additional 5-10 minutes, stirring occasionally.

6. Season the Soup:

- Add salt, pepper, and fresh or dried thyme to taste. If you want a splash of acidity, consider adding a tablespoon of sherry or white wine at this point.

7. Blend for Smoothness (Optional):

- For a creamier texture, use an immersion blender to puree the soup until smooth. Alternatively, transfer the soup to a blender in batches, being careful with the hot liquid.

8. Serve:

- Once the soup has reached your desired consistency, ladle it into bowls and garnish with fresh parsley or additional thyme if desired. Enjoy it with crusty bread or crackers for the ultimate comfort meal.

Tips for Perfect Campbell's Mushroom Soup

To ensure your homemade Campbell's Mushroom Soup is as delicious as possible,

consider the following tips:

- **Use Fresh Ingredients:** Fresh mushrooms, onions, and garlic will make a significant difference in flavor. Whenever possible, choose high-quality ingredients.
- **Experiment with Mushroom Varieties:** While white button mushrooms are classic, experimenting with different types like shiitake or portobello can add unique flavors.
- **Adjust Creaminess:** If you prefer a lighter soup, reduce the amount of cream or substitute it with a non-dairy alternative like coconut milk.
- **Add Extras:** Feel free to incorporate additional vegetables like carrots or celery for more depth. You can also add protein such as shredded chicken or tofu for a heartier meal.
- **Storage:** This soup can be stored in an airtight container in the refrigerator for up to 3 days. To reheat, simply warm it on the stove or in the microwave, adding a splash of broth if it thickens too much.

Conclusion

Making your own version of Campbell's Mushroom Soup at home is a rewarding experience that not only allows you to control the ingredients but also brings the comforting taste of this classic dish right to your kitchen. With a few simple steps and some creativity, you can whip up a delicious soup that can be enjoyed on its own or as part of a more elaborate meal. Whether you are making it for yourself or sharing it with loved ones, the warmth and flavor of this soup are sure to bring joy to any table. Happy cooking!

Frequently Asked Questions

What are the main ingredients in Campbells mushroom soup recipe?

The main ingredients typically include Campbell's condensed cream of mushroom soup, water or milk, mushrooms, butter, and seasonings like salt and pepper.

How can I make a healthier version of Campbells mushroom soup?

You can make a healthier version by using low-sodium Campbell's mushroom soup, adding fresh vegetables, using olive oil instead of butter, and incorporating whole grains like brown rice or quinoa.

Can I use fresh mushrooms instead of canned in the Campbells mushroom soup recipe?

Yes, you can use fresh mushrooms instead of canned. Just sauté them before adding to the soup for a fresher flavor and texture.

What are some popular dishes that use Campbells

mushroom soup as an ingredient?

Popular dishes include casseroles, creamy pasta dishes, and various chicken or beef recipes that require a creamy sauce.

How can I enhance the flavor of Campbells mushroom soup?

You can enhance the flavor by adding garlic, onions, fresh herbs like thyme or parsley, and a splash of white wine or sherry.

Is there a vegetarian option for Campbells mushroom soup?

Yes, you can find vegetarian versions of Campbell's mushroom soup or make your own by using vegetable broth and avoiding any meat-based seasonings.

Can I freeze leftover Campbells mushroom soup?

Yes, you can freeze leftover Campbells mushroom soup in an airtight container for up to 3 months. Just be sure to let it cool completely before freezing.

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