

at your command by neville goddard

at your command by neville goddard is a profound spiritual and metaphysical work that explores the power of the human imagination and consciousness in shaping reality. This book, authored by Neville Goddard, emphasizes the concept that individuals hold the ultimate authority over their lives through the use of their inner creative faculties. It reveals how thoughts, beliefs, and feelings can directly influence one's external circumstances, thus empowering readers to manifest their desires intentionally. Central to the teachings is the idea that the divine presence within each person is the commanding force that can alter life's course when properly understood and applied. This article delves into the key themes, principles, and practical applications of *at your command by neville goddard*, providing insight into its transformative potential. Following the introduction, a detailed table of contents outlines the main sections covered in this comprehensive exploration.

- The Core Philosophy of At Your Command
- Understanding the Power of Imagination
- Techniques for Manifestation and Mental Discipline
- The Role of Faith and Feeling in Creation
- Practical Applications and Daily Practices

The Core Philosophy of At Your Command

The foundational premise of **at your command by neville goddard** is that the human imagination is not merely a faculty for creativity but the very source of all reality. Neville Goddard posits that every individual contains within themselves the divine power to command their circumstances by controlling their thoughts and feelings. This concept challenges traditional views of external control and emphasizes internal sovereignty. The book outlines a metaphysical framework where God is seen as an inner presence, and the individual's imagination acts as a direct link to this divine force.

Concept of Divine Immanence

In *at your command*, Neville Goddard explains that God is not an external entity but the very essence within each person. This divine immanence means that every person has inherent creative power and is responsible for their reality. The recognition of this truth is central to harnessing the power described in the book.

The Principle of Mental Causation

The principle that mental states cause external effects is explored in depth. Goddard teaches that by commanding one's imagination and feelings, an individual can bring about tangible changes in the

external world. This mental causation principle forms the backbone of his teachings and is essential for manifesting desired outcomes.

Understanding the Power of Imagination

One of the most emphasized themes in **at your command by neville goddard** is the transformative power of imagination. According to Goddard, imagination is the creative force through which all things are made manifest. He encourages readers to cultivate vivid and controlled imaginative acts to align their inner world with their desires.

Imagination as the Creative Agent

Goddard elevates imagination beyond fantasy, presenting it as an active, creative agent capable of shaping reality. Imagination is described as the "seed" from which all experiences grow, and controlling it is equated with commanding one's destiny.

Visualization and Mental Imagery

The practice of visualization is a key technique recommended in the text. By mentally rehearsing and vividly imagining the desired result as already accomplished, the individual impresses this reality upon their subconscious mind, which then manifests the experience externally.

Techniques for Manifestation and Mental Discipline

At your command by neville goddard provides practical methods to train the mind and imagination to manifest desires effectively. These techniques emphasize mental discipline, focus, and consistency to bring about lasting changes in life circumstances.

Living in the End

This technique involves assuming the feeling of the wish fulfilled and mentally living as if the desired state or outcome is already realized. Goddard instructs readers to maintain this mental state persistently until the external world aligns with the inner conviction.

Revision Technique

The revision technique is a unique practice where past events are mentally rewritten to produce a more favorable emotional impression. This method is used to heal and transform past experiences, thereby altering present and future realities.

Faith and Persistence

Faith in the unseen and persistence in maintaining the imagined state are crucial for manifestation. Goddard stresses that doubting or reverting to previous negative mental patterns will negate the creative process, highlighting the need for unwavering belief.

The Role of Faith and Feeling in Creation

Faith and feeling are pivotal elements in the manifestation process as explained in **at your command by neville goddard**. Goddard posits that the emotional conviction behind a thought is what energizes and actualizes the imagined scenario.

Feeling is the Secret

The book famously asserts that "feeling is the secret," meaning that the emotional experience of having already achieved a goal is what activates its manifestation. Without feeling, thoughts remain ineffective and do not translate into reality.

The Interplay of Belief and Expectation

Belief structures the mind's expectations, which in turn shape experience. Goddard explains that belief must be combined with feeling to create a powerful attractor for the desired outcome. Expecting the fulfillment of a desire with emotional certainty catalyzes its realization.

Practical Applications and Daily Practices

At your command by neville goddard is not only theoretical but also offers actionable guidance for integrating its principles into everyday life. Consistent practice and mental conditioning are necessary to harness the full power of the teachings.

Daily Affirmations and Mental Exercises

Goddard encourages the use of affirmations that align with one's desires, repeated with conviction to reinforce the mental image and feeling. Complementary exercises include meditation and focused imagination sessions designed to deepen the connection with the inner creative power.

Creating a Mental Environment

Establishing a mental environment conducive to positive manifestation involves controlling thoughts, avoiding negative influences, and cultivating gratitude and positivity. This environment supports the continuous flow of creative energy and reinforces the desired state.

Practical List for Manifestation Success

- Define clear and specific desires
- Use vivid visualization to imagine the end result
- Assume the feeling of the wish fulfilled daily
- Practice the revision technique for past events
- Maintain unwavering faith and persistence
- Incorporate affirmations aligned with goals
- Create a positive mental environment
- Engage in regular mental discipline exercises

Frequently Asked Questions

What is the main theme of 'At Your Command' by Neville Goddard?

'At Your Command' focuses on the power of the human imagination and consciousness to shape reality, emphasizing that one's desires can be manifested through faith and the assumption of the wish fulfilled.

How does Neville Goddard explain the concept of 'command' in the book?

Goddard explains 'command' as the inner authority of the mind that, when firmly believed and felt, issues creative power to bring desires into manifestation.

What techniques does Neville Goddard recommend in 'At Your Command' for manifesting desires?

He recommends techniques such as imagining the end result vividly, feeling the reality of the wish fulfilled, and persistently assuming the state of the fulfilled desire.

Is 'At Your Command' suitable for beginners in Neville Goddard's teachings?

Yes, 'At Your Command' is one of Neville Goddard's concise and straightforward works, making it accessible for beginners to understand his core philosophy and techniques.

How does 'At Your Command' relate to the law of attraction?

'At Your Command' is an early work that aligns with the law of attraction, asserting that thoughts and beliefs command reality, and that one can attract experiences by imagining and feeling their desired outcome.

What role does faith play in the teachings of 'At Your Command'?

Faith is central; Goddard teaches that unwavering faith in the reality of the desired state is essential to issuing the creative command that manifests the desire.

Can 'At Your Command' help with overcoming negative thoughts?

Yes, the book encourages replacing negative thoughts with positive, constructive imaginations and affirmations, thereby changing one's inner state and external circumstances.

Where can I find a copy of 'At Your Command' by Neville Goddard?

'At Your Command' is available for free online through various websites dedicated to Neville Goddard's works, as well as in print and ebook formats on major book retailers.

Additional Resources

1. *The Power of Awareness by Neville Goddard*

This book explores the concept that your consciousness shapes your reality. Neville Goddard delves into the importance of self-awareness and imagination, teaching readers how to manifest their desires by controlling their thoughts and feelings. It emphasizes living in the end result to bring about desired changes in life.

2. *Feeling is the Secret by Neville Goddard*

In this concise work, Goddard reveals that feeling is the critical element in manifesting desires. The book teaches that by aligning your emotions with your goals, you can influence your subconscious mind to create your desired reality. It highlights the power of emotions over mere thoughts.

3. *Awakened Imagination by Neville Goddard*

This book focuses on harnessing the creative power of imagination to transform life experiences. Goddard explains how imagining with conviction and faith can bring about physical changes in one's world. It encourages readers to use their imagination actively as a tool for manifestation.

4. *Resurrection by Neville Goddard*

Neville Goddard discusses the spiritual principle of resurrection, which involves the renewal of the self through imagination and faith. The book guides readers in understanding how to "resurrect" their desired states of being and manifest them into reality. It is a deep exploration of transformation and new beginnings.

5. *The Law and The Promise by Neville Goddard*

This work combines theoretical explanations and real-life stories to illustrate the law of assumption and manifestation. Goddard presents case studies of individuals who successfully used imagination to create their realities. It inspires readers by showing practical applications of his teachings.

6. *Out of This World by Neville Goddard*

In "Out of This World," Goddard discusses the idea that the external world is a reflection of internal beliefs and states of consciousness. The book teaches readers how to change their inner world to alter their outer experiences. It is a guide to mastering reality through mental discipline.

7. *Your Faith is Your Fortune by Neville Goddard*

This book emphasizes the power of faith as the foundation for creating personal fortune and success. Goddard explains how steadfast belief and assumption shape one's destiny. It provides practical advice on cultivating unwavering faith to manifest one's desires.

8. *Seedtime and Harvest by Neville Goddard*

Neville Goddard uses the metaphor of seedtime and harvest to describe the process of planting thoughts and reaping results. The book encourages readers to sow positive mental seeds through imagination and faith to bring about fruitful outcomes. It offers insights into the timing and patience required in manifestation.

9. *The Secret of Imagining by Neville Goddard*

This book reveals the central role of imagination in creating reality. Goddard teaches techniques to harness the secret power of imagining vividly and consistently to transform circumstances. It serves as a practical manual for applying imaginative power effectively in daily life.

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