

a class divided then and now

a class divided then and now serves as a powerful exploration of social psychology and the impact of prejudice within educational environments. This landmark documentary, originally filmed in 1970, highlights an experiment conducted by teacher Jane Elliott to demonstrate the effects of discrimination and bias among her third-grade students. Over the decades, the significance of this study has persisted, inspiring numerous discussions about equality, human behavior, and systemic bias. This article will delve into the origins of "A Class Divided," its methodology, and the evolution of its relevance in today's societal context. By examining both the historical perspective and contemporary implications, readers will gain a comprehensive understanding of the experiment's enduring importance. The following sections will cover the background of the experiment, its psychological foundations, its adaptation and reception over time, and its ongoing influence on education and social awareness.

- Background and Origins of "A Class Divided"
- The Experiment's Methodology and Psychological Foundations
- Impact and Reception at the Time
- "A Class Divided" in Contemporary Context
- Legacy and Continuing Influence

Background and Origins of "A Class Divided"

"A Class Divided" originated from an impromptu exercise by Jane Elliott, a third-grade teacher in Riceville, Iowa, shortly after the assassination of Martin Luther King Jr. in 1968. In an effort to teach her predominantly white students about the realities of racism and discrimination, Elliott divided her class based on eye color, treating one group as superior and the other as inferior. This social experiment aimed to provide children with a firsthand experience of prejudice, highlighting how arbitrary distinctions can lead to systemic inequalities and social division.

The Historical Context

The late 1960s were a time of intense civil rights activism and social upheaval in the United States. Elliott's experiment was set against this backdrop, addressing the urgent need for awareness and education about racial discrimination. The educational system at the time largely neglected direct

conversations about race and bias, making Elliott's approach groundbreaking and controversial. Her decision to simulate segregation in a classroom environment was a bold attempt to make abstract social issues tangible for young learners.

The Initial Experiment

The original exercise took place over a single day, where Elliott assigned privileges and restrictions based on eye color. Blue-eyed students were labeled superior on the first day, while brown-eyed students were treated as inferior, then roles were reversed the following day. This rapid switch allowed students to experience both sides of discrimination, fostering empathy and critical reflection. The experiment was later filmed and broadcast as a documentary, bringing national attention to Elliott's innovative teaching method.

The Experiment's Methodology and Psychological Foundations

The methodology behind "A Class Divided" is rooted in social psychology, particularly in the study of in-group and out-group dynamics, stereotyping, and prejudice. Elliott's use of eye color as a basis for discrimination was intentionally arbitrary, underscoring the irrationality of racial bias. By manipulating social status within a controlled environment, the experiment demonstrated how quickly and deeply prejudice can affect behavior and self-esteem.

Social Identity Theory

One key psychological framework relevant to this experiment is Social Identity Theory, which explains how individuals categorize themselves and others into groups. This categorization often leads to favoritism toward one's own group and discrimination against outsiders. Elliott's exercise illustrated how children, when given social cues, quickly adopt biases and conform to group-based norms.

Effects on Children's Behavior and Self-Perception

The experiment revealed significant changes in children's academic performance, confidence, and social interactions based on their assigned status. Those labeled as inferior exhibited poorer performance and lower self-esteem, while the "superior" group showed increased confidence and sometimes arrogance. These behavioral shifts highlighted the powerful psychological effects of discrimination and the role of social conditioning in shaping attitudes.

Impact and Reception at the Time

When "A Class Divided" was first broadcast in the early 1970s, it provoked widespread discussion and debate. The documentary format brought the classroom experiment into public view, challenging audiences to confront uncomfortable truths about prejudice and systemic racism. Educators, psychologists, and civil rights advocates praised the experiment for its educational value, while some critics questioned the ethics of subjecting children to such intense emotional experiences.

Educational Community Response

The educational community recognized the experiment as a pioneering example of experiential learning. It encouraged educators to incorporate discussions about race, privilege, and discrimination into their curricula. However, concerns were also raised about the potential psychological stress caused to students and the appropriateness of such methods for young children.

Media and Public Reaction

The documentary received critical acclaim and won awards for its impactful portrayal of social issues. Public reaction was mixed, reflecting broader societal tensions around race relations during that era. Nonetheless, the film succeeded in raising awareness and stimulating dialogue about the mechanisms of prejudice and the importance of empathy.

"A Class Divided" in Contemporary Context

Decades later, "A Class Divided" remains a relevant and instructive resource for understanding discrimination and social justice issues. The experiment has been revisited in various forms, including follow-up documentaries and educational programs, to address ongoing challenges related to racism, bias, and inequality. Its lessons resonate in contemporary conversations about systemic oppression and diversity training.

Modern Educational Applications

Today, Elliott's experiment is often cited in diversity and inclusion workshops, as well as in social psychology courses. Educators use it to illustrate the psychological impact of discrimination and to promote critical thinking about prejudice. Modifications and adaptations of the original exercise have been designed to suit different age groups and cultural contexts while maintaining the core message.

Critiques and Ethical Considerations

Contemporary analysis has also brought renewed attention to the ethical implications of the experiment. Questions about consent, emotional harm, and the long-term effects on participants have sparked debate. These concerns have influenced how similar exercises are conducted today, emphasizing careful facilitation and support for participants.

Legacy and Continuing Influence

The legacy of "A Class Divided" extends beyond education, influencing social psychology research, diversity initiatives, and public discourse on equality. The experiment's vivid demonstration of the mechanisms and consequences of discrimination continues to inspire efforts to combat prejudice and foster inclusive environments.

Influence on Social Psychology

"A Class Divided" has contributed to a deeper understanding of how social categorization and discrimination operate in real-world settings. Researchers have built upon its findings to explore related topics such as implicit bias, stereotype threat, and intergroup relations, enriching the field of social psychology.

Role in Diversity and Inclusion Programs

Many organizations incorporate lessons from Elliott's experiment into training programs designed to increase awareness of bias and promote equity. The exercise's straightforward yet profound demonstration of discrimination serves as a catalyst for dialogue and reflection among participants from diverse backgrounds.

Key Takeaways

- Discrimination can be rapidly learned and internalized, even by children.
- Arbitrary social divisions have real psychological and social consequences.
- Experiential learning methods can effectively raise awareness about prejudice.
- Ethical considerations are essential when conducting social experiments.

- Ongoing education is vital to combat systemic bias and promote inclusion.

Frequently Asked Questions

What is 'A Class Divided' about?

'A Class Divided' is a documentary that revisits a third-grade classroom where teacher Jane Elliott conducted an exercise dividing students by eye color to teach them about discrimination and prejudice.

Who is Jane Elliott and what role does she play in 'A Class Divided'?

Jane Elliott is a teacher known for her 'Blue Eyes/Brown Eyes' exercise, which she used to demonstrate the effects of racism and discrimination to her students. She is the central figure in 'A Class Divided.'

When was the original 'A Class Divided' exercise conducted?

The original exercise was conducted in 1968, the day after Martin Luther King Jr. was assassinated.

How has 'A Class Divided' influenced diversity training today?

'A Class Divided' has become a foundational tool in diversity and inclusion training, highlighting the psychological impact of prejudice and encouraging empathy through experiential learning.

What are the key lessons from 'A Class Divided' that remain relevant now?

Key lessons include the arbitrary nature of discrimination, the impact of systemic bias, and the importance of empathy and awareness in combating prejudice.

How do participants reflect on the 'A Class Divided' exercise in the follow-up documentary?

Participants often reflect on the profound emotional impact the exercise had on their understanding of discrimination, noting how it changed their

perspectives on prejudice and social inequality.

Why is 'A Class Divided' still studied and discussed in modern education?

'A Class Divided' remains relevant because it effectively demonstrates how discrimination feels from the inside, making it a powerful teaching tool for promoting social justice and empathy.

Are there modern adaptations or similar exercises inspired by 'A Class Divided'?

Yes, many educators and organizations have adapted Jane Elliott's exercise to address various forms of bias, such as racial, gender, and socioeconomic discrimination, in contemporary settings.

What criticisms have been raised about the 'A Class Divided' exercise?

Some critics argue that the exercise can cause emotional distress or reinforce stereotypes if not carefully facilitated, emphasizing the need for sensitive and informed implementation.

How does 'A Class Divided' connect to current discussions about race and equity?

'A Class Divided' connects to current discussions by providing a historical example of confronting prejudice directly, encouraging ongoing dialogue about systemic racism and the importance of equity in society.

Additional Resources

1. A Class Divided: Then and Now

This book explores the origins and lasting impact of the famous "A Class Divided" experiment led by Jane Elliott in 1968. It delves into the social and psychological effects of the exercise, which divided children by eye color to demonstrate the arbitrary nature of discrimination. The book also examines how the lessons from the experiment resonate in today's world of ongoing racial and social divisions.

2. The Color of Fear: Past and Present

Focusing on racial tension and division, this book analyzes the documentary "The Color of Fear" and its relevance from the 1990s to modern times. It provides a deep look into how conversations about race have evolved and how fear and misunderstanding continue to influence societal divisions. The narrative includes personal stories and expert insights to bridge past and present perspectives.

3. *Divided We Stand: Historical and Modern Class Struggles*

This book traces the history of class struggles from early industrial societies to contemporary economic disparities. It highlights key movements, protests, and policies that have shaped class relations over time. Through comparative analysis, it reveals persistent patterns and new challenges in bridging class divides today.

4. *Bridges Over Divides: Lessons from Social Experiments*

Examining various social experiments aimed at reducing prejudice and discrimination, this book discusses their methodologies and outcomes. It includes a detailed review of "A Class Divided" alongside more recent initiatives. The author argues for the continued importance of experiential learning in promoting empathy and social cohesion.

5. *Segregation Then and Now: A Societal Reflection*

This book provides a comprehensive look at segregation in the United States, contrasting historical legal segregation with modern forms of economic and social segregation. It investigates how policies, education, and housing contribute to ongoing divides. The text encourages readers to understand the subtle ways segregation persists and how it can be addressed.

6. *From Prejudice to Progress: Changing Attitudes Over Time*

Focusing on shifting social attitudes, this book charts the progress made in combating prejudice from the civil rights era to the present day. It explores psychological research, social policies, and grassroots movements that have influenced change. The work emphasizes both achievements and setbacks in the journey toward equality.

7. *Eye Color and Inequality: Revisiting Jane Elliott's Experiment*

This book revisits Jane Elliott's groundbreaking "Blue Eyes/Brown Eyes" exercise, analyzing its scientific and educational impact. It discusses how the experiment has been adapted and interpreted in various contexts since its inception. The author also considers criticisms and praises of the method in fostering understanding of discrimination.

8. *Social Divides in Education: Past Lessons and Present Challenges*

This title examines how educational systems have both perpetuated and challenged social divides. It looks at historical segregation, resource disparities, and inclusive education initiatives. The book offers case studies and policy analysis to highlight ongoing efforts to create equitable learning environments.

9. *Unity and Division: Navigating Social Boundaries Then and Now*

Exploring themes of unity and division, this book delves into social boundaries based on race, class, and identity. It compares historical divisions with current social dynamics, emphasizing the role of dialogue and community-building. The author provides practical suggestions for fostering inclusion and understanding across divides.

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